

#### Children's Requirements for

# Yellow Belt Series / Kyu kyu (Rank 9)

Yellow Belt	Stances-right & left fighting/horse/cesa/criss-cross/at- ease/attention
	Karate Questions & Japanese Counting 1-10
	Karate Book (entries)
	Stances
Yellow Belt 1 Black Tip	Sanchin (opening)
	Karate Book (entries)
Yellow Belt	Stances
2 Black Tips	Sanchin (opening/turns)
	Karate Book (completion)

#### Children's Requirements for

## Orange Belt Series / Hachi kyu (Rank 8)

Orange Belt	Yellow Belt Requirements
	Sanchin (complete)
	Exercises (Hook Punch)
	Sanchin (complete)
Orange Belt 1 Black Tip	Kanshiwa (turn/block/punch)
	Exercises (Hook Punch, Front Punch)
Orange Belt 2 Black Tips	Sanchin (complete)
	Kanshiwa (forward)
	Exercises (Hook Punch, Front Punch)
	Karate Book Completion



## Purple Belt Series / Sichi kyu (Rank 7)

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Sanchin	
Kanshiwa (forward/backward)	
Exercises (Hook Punch, Front Punch, Side-foot kick)	
Sanchin	
Kanshiwa (complete)	
Exercises ( Hook Punch, Front Punch, Side-foot kick, Front Kick)	
Sanchin	
Kanshiwa	
Exercises (add 4 Knuckle block/punch, Block/chop/back fist, shoken)	
Kumite 1 (sequence) Karate Book Completion	



#### Children's Requirements for

## Blue Belt Series/Advanced Sichi kyu (Rank 7)

Blac Belt Geries/Advanced Glorii kya (Karik 1)		
Blue Belt	Sanchin	
	Kanshiwa	
	All Exercises	
	Kumite 1 (proficient)	
Blue Belt 1 Black Tip	Sanchin	
	Kanshiwa	
	Kanshiwa Bunkai (open) & All Exercises	
	Kumite 2 (sequence)	
	Sanchin	
Blue Belt 2 Black Tips	Kanshiwa	
	Kanshiwa Bunkai (sequence) & All Exercises	
	Kumite 2 (proficient) Karate Book Completion	



# Yellow Belt Series / Kyu kyu (Rank 9)

Yellow Belt	Exercises- Hook Punch, Front Punch, Side-Foot Kick, Front Kick
	Sanchin (open)
	Karate Questions & Karate Book
	Excercises- same 4 as above
Yellow Belt 1 Black Tip	Sanchin (complete)
	Karate Questions
Yellow Belt	Exercises- Four Knuckle Block, Block/Shuto/Punch/ Shoken
2 Black Tips	Sanchin (complete)
	Karate Questions & Karate Book

## Orange Belt Series / Hachi kyu (Rank 8)

Orange Belt	Exercises- same 6 for Yellow Belt
	Sanchin
	Kanshiwa (open)
	Exercises- Elbow Strikes, Eye Strikes
Orange Belt 1 Black Tip	Kanshiwa (turns) & Kumite 1 (single)
	Karate Questions & Karate Book
Orange Belt 2 Black Tips	Exercises- same 8 as above
	Kanshiwa (complete) & Sanchin
	Kumite 1 (partner) & Karate Book & Questions



## Purple Belt Series / Sichi kyu (Rank 7)

	Exercises- Wrist Blocks
Purple Belt	Sanchin & Kanshiwa
	Kumite 1 Karate Questions & Karate Book
	Exercises- first 10
Purple Belt	Sanchin & Kanshiwa
1 Black Tip	
	Kanshu (open)
	Kumite 1
	Karate Questions & Karate Book
	Exercises- first 10
	Sanchin & Kanshiwa
Purple Belt 2 Black Tips	
•	Kanshu (turn)
	Kumite 1 & Kumite 2 (single)
	Karate Questions & Karate Book



## Blue Belt Series / Sichi kyu (Rank 7)

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	Exercises- Tenshin	
Blue Belt	Sanchin & Kanshiwa	
	Kanshu (complete)	
	Kumite 1 & Kumite 2 (partner)	
	Karate Questions & Karate Book	
Blue Belt 1 Black Tip	Exercises- all	
	Sanchin & Kanshiwa	
	Kanshu	
	Kumite 1 & 2	
	Karate Questions & Karate Book	
Blue Belt	Exercises- all	
	Sanchin & Kanshiwa & Kanshu	
2 Black Tips	Kumite 1 & 2	
	Karate Questions & Karate Book	

### Kanshiwa Bunkai (open)



Junior's Requirements for

### Green Belt / Rok kyu (Rank 6)

Green Belt / Rok kyu (Rank 6)	
	Sanchin
	All Exercises
	Kumite 1 & 2
Green Belt	Kanshu
	Kanshiwa Bunkai (forward)
	Uechi-ryu Karate History
	Kanshiwa

#### **Karate Book Completion**



Junior's Requirements for

## Green Belt- 1 Brown Tip / Go kyu(Rank 5)

	Sanchin
	All Exercises
	Kumite 1 & 2
Green Belt 1 Brown Tip	Kanshu
	Kanshiwa Bunkai (forward)
	Uechi-ryu Karate History

#### Kanshiwa

#### **Karate Book Completion**



Junior's Requirements for

## Green Belt- 2 Brown Tips Yon kyu (Rank 4)

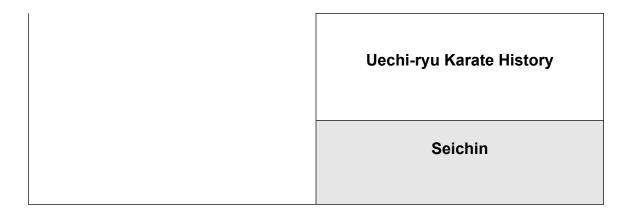
	Sanchin & Kanshiwa & Kanshu
	All Exercises
	Kumite 1 & 2 & 3
Green Belt 2 Brown Tips	Sparring
	Kanshiwa Bunkai (complete)





## Brown Belt / San kyu (Rank 3)

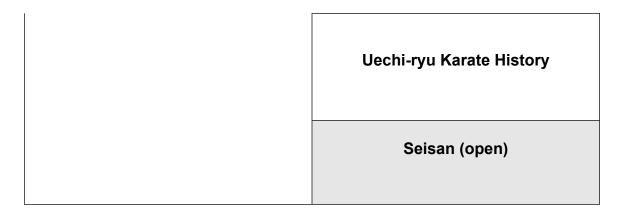
	(113111110)
	Sanchin & Kanshiwa & Kanshu
	All Exercises
	Kyu Kumite (1-3)
Brown Belt	Sparring & Kotikite
	Kanshiwa Bunkai (complete)





## Brown Belt 1 Black Tip- Ni kyu (Rank 2)

Diowii Deit i Diack Tip- Ni kyu (Marik 2)	
	Sanchin & Kanshiwa & Kanshu & Seichin
	All Exercises
	Kyu Kumite (all)
Brown Belt 1 Black Tip	Sparring & Kotikite
	Seisan Bunkai (open)





## Brown Belt -2 Black Tips- Ik kyu (Rank 1)

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	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
	Kyu Kumite
Brown Belt 2 Black Tips	Sparring & Kotikite
	Seisan Bunkai (complete)





# Junior Black Belt (Black Belt/White Stripe)

(Black Belt/White Stripe)	
	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
	Kyu Kumite
Junior Black Belt	Sparring & Kotikite

Seisan Bunkai (complete)
Uechi-ryu Karate History
Seisan



# Advanced Junior Black Belt (Black Belt/Green Stripe)

(Black Bell/Green Gripe)	
	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
Advanced Junior	Dan Kumite (1-3)
Black Belt  Note: student must earn 5 green tips as a Junior Black Belt in order to test	Sparring & Kotikite

for this rank	
	Seisan Bunkai (complete)
	Uechi-ryu Karate History
	Seisan



# Probationary Black Belt (Black Belt/Brown Stripe)

(Diack Delibitiown Stripe)	
	Sanchin & Kanshiwa Kanshu & Seichin
	All Exercises
Advanced Junior Black Belt	Dan Kumite
Note: student must earn 5 brown tips as an Advanced Junior Black Belt in order to test for this rank	Sparring & Kotikite

Seisan Bunkai (complete)
Uechi-ryu Karate History
Seisan



### **Black Belt - SHODAN**

DIACK DEIL - OHODAN	
	Sanchin
	All Exercises
SHODAN	Dan Kumite
Note: Students must be age 17 and have spent 1 year as a Probationary Black Belt and have earned 5 black	Sparring & Kotikite

tips	Seisan Bunkai
	Uechi-ryu Karate History
	Seisan